

## Books to Help Grieving Children

### Parent Loss:

- **Father Loss: How Sons of All Ages Come To Terms With The Deaths of Their Dads** ~ N. Chethik
- **How It Feels When a Parent Dies** ~ J. Kremenz
- **Never the Same: Coming to Terms With The Death of a Parent** ~ D. Schuurman
- **The Loss That is Forever: The Lifelong Impact of the Early Death of a Mother or Father** ~ M. Harris
- **Healing Children's Grief: Surviving a Parent's Death from Cancer** ~ G. Christ
- **Children and Grief: When a Parent Dies** ~ J.W. Worden
- **Saying Goodbye to Daddy** ~ Judith Vigna
- **Daddy's Promise** ~ Cindy Klein Cohen
- **After Charlotte's Mother Died** ~ Cornelia Spelman
- **Rachel and the Upside Down Heart** (Ages 5-9) ~ E. Douglas
- **Some of the Pieces** (Ages 5-10) ~ M. Madenski
- **I Heard Your Daddy (Mommy) Died** ~ Mark Scrivani

### Grandparent Loss:

- **Finding Grandpa Everywhere** (Ages 8-10) ~ J. Hodge
- **Abuelita's Paradise** ~ C.S.Nodar
- **Death Turns Allie's Family Upside Down** ~ B. Baugher
- **The Memory Box** (Ages 4-9) ~ K. McLaughlin (Alzheimer's specific)
- **The Garden Angel** (Ages 8-10) ~ J. Czech

### Pet Loss:

- **I'll Always Love You** ~ Hans Wilhelm
- **When a Pet Dies** ~ Fred Rogers
- **The Tenth Good Thing About Barney** ~ Erik Blegvad
- **Dog Heaven** ~ Cynthia Rylant

### For Teens:

- **Fire in My Heart, Ice in My Veins** (Ages 10-18, journal book) ~ E.S. Traisman
- **Memories Live Forever** (Ages 9-18) ~ S. Rug
- **Helping Teens Cope with Death** ~ The Dougy Center
- **When a Friend Dies: A Book for Teens About Grieving and Healing** ~ Marilyn Gootman
- **Healing Your Grieving Heart for Teens** ~ Alan D. Wolfelt
- **I Will Remember You: What to Do When Someone You Love Dies: A Guidebook Through Grief For Teens** ~ Laura Dower
- **The Grieving Teen: A Guide for Teenagers and their Friends** ~ H. Fitzgerald
- **Living When A Young Friend Commits Suicide or Even Start Talking About It** ~ E. Grollman & M. Malikow

### Sibling Loss:

- **The Empty Place: A Child's Guide Through Grief** (Ages 5-9) ~ R. Tenes
- **No New Baby** ~ Marilyn Gryte

**Miscellaneous:**

- **The Next Place** ~ W. Hanson
- **Tear Soup** ~ P. Schweibert
- **Learning to Say Goodbye** ~ E.J. LeShan
- **Never Too Young to Know: Death in Children's Lives** ~ P. Silverman
- **Helping the Grieving Student: A Guide for Teachers** ~ The Dougy Center Staff
- **The Mourning Handbook: The Most Comprehensive Resource Offering Practical and Compassionate Advice on Coping with All Aspects of Death and Dying** ~ Helen Fitzgerald
- **Talking About Death: A Dialogue Between Parent and Child** ~ E. Grollman
- **Grieving Child** ~ H. Fitzgerald
- **Life and Loss: A Guide to Help Grieving Children** ~ Linda Goldman
- **What Children Need When They Grieve: The Four Essentials: Routine, Love, Honesty, and Security** ~ Julia Wilcox Rathkey
- **Don't Despair On Thursdays! The Child's Grief Management Book** ~ Adolph Moser
- **I Wish I Could Hold Your Hand – A Child's Guide to Grief and Loss** ~ Pat Palmer
- **Lifetimes, the Beautiful Way to Explain Death to Children** ~ Bryan Mellonie
- **I Miss You: A First Look at Death** ~ Pat Thomas
- **Badger's Parting Gifts** ~ Susan Barley
- **After the Tears, A Gently Guide to Help Children Understand Death** ~ Katherine Peterson
- **The Saddest Time** ~ Norma Simon
- **After the Funeral** ~ J. L. Wunsch
- **When Dinosaurs Die** ~ Laurie Krasny & Marc Brown
- **35 Ways to Help a Grieving Child** ~ The Dougy Center

- **Helping Children Cope with the Loss of a Loved One: A Guide for Grownups** ~ W. C. Kroen
- **What on Earth Do You Do When Someone Dies?** ~ Trevor Romain
- **Help Me Say Goodbye: Activities for Helping Kids Cope When a Special Person Dies** ~ Janis Silverman
- **Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss** ~ Michaelene Mundy
- **Part of Me Died, Too** ~ Virginia Lynn Fry
- **How Do We Tell the Children? A Step-by-Step Guide for Helping Children Two to Teen Cope When Someone Dies** ~ D. Schaefer & C. Lyons
- **Helping Children Grieve When Someone They Love Dies** ~ Theresa Huntley
- **Bereavement: Counseling the Grieving Throughout the Life Cycle** ~ D.A. Crenshaw
- **When Someone Very Special Dies** ~ M. Heegard



### **Books for Children General Information:**

- **Loss and How to Cope With It** ~ J. E. Bernstein, Clarion (1977)
- **Badger's Parting Gifts** ~ Susan Barley, Mulberry Books (1984)
- **Don't Despair on Thursdays! The Children's Grief Management Book** ~ Adolph Moser, Landmark Editions, Inc. (1996)
- **Everett Anderson's Goodbye** ~ Lucille Clifton, Henry Holt (1983)
- **I'll Miss You Mr. Hooper** ~ Stiles, Mathieu, Henson, CTW, Random House for Young Readers (1984)
- **Lifetimes: The Beautiful Way to Explain Death to Children** ~ Bryan Mellonie and Robert Ingpen, Bantam Books (1993)
- **Nana Upstairs and Nana Downstairs** ~ Tomie DePaola, Putnam Publishing Group (2000)
- **Remember the Secret** ~ Elisabeth Kubler-Ross, Celestial Arts
- **The Tenth Good Things About Barney** ~ Judith Viorst, Aladdin Paperbacks (1971)
- **When Dinosaurs Die: A Guide to Understanding Death** ~ Laurie Krasny Brown and Mark Brown, Little, Brown and Company (1996)
- **The Fall of Freddie the Leaf** ~ Leo Buscaglia, Ph.D. Slack (1982)
- **I Had a Friend Named Peter: Talking to Children About the Death of Friend** ~ Janice Cohn, DSW, William Morrow and Company (1987)

### **Books for Adults**

- **Guiding Your Child Through Grief** ~ M. Emswiler, Bantam (2000)
- **Helping Children Cope with Death** ~ Donna Schuurman, The Dougy Center for Grieving Children (1998)
- **Parenting Through Crisis: Helping Kids In Time Of Loss, Grief and Change** ~ B. Colorosso, Harpers Resources (2001)
- **Talking About Death: A Dialogue Between Parent and Child**, Earl Grollman, Beacon Press (1991)

### **Websites**

- [www.childrensgrief.net](http://www.childrensgrief.net)
- [www.winstonswish.org.uk](http://www.winstonswish.org.uk)
- <http://kidsaid.com>
- [www.growthhouse.org](http://www.growthhouse.org)

### **Videos**

- **After the Tears, A Gentle Guide to Help Children Understand Death** ~ G rating (2000)
- **Charlotte's Web** ~ G rating (2003)
- **Good Grief, Charlie Brown** ~ G rating (2003)
- **Iron Giant** ~ G Rating (1998)
- **The Lion King** ~ G rating (1995)
- **Finding Nemo** ~ G rating (2003)